

Opus Healthcare Stoma Care Literary Review

July 2022 to September 2022

Title	Publication	Date	Overview
The voice of ostomates: an exploration of stoma care in England	British Journal of Nursing, Vol. 31, No. 16, Stoma Care Supplement, pages s4-s15.	8 September	In this survey of 2,504 ostomates living in England, the majority of patients expressed a positive view of the care they had received overall, although there were variations in stoma care services across the country. The expertise of stoma care nurses (SCN) was recognised positively compared with the limited knowledge among general nurses in the hospital environment. Ostomates felt that there was a lack of information regarding stoma care products and product choices in both hospital-based and home-based care. They sometimes experienced restrictions when choosing a product, with 55% stating that they did not think they were given a choice of where to obtain their stoma products, e.g. whether to use a dispensing appliance contractor (DAC) or pharmacy, or which DAC to use, which may indicate that the SCN selects the supplier. Ostomates in this survey also noted the lack of consistency in access to counselling and the need for improved signposting to peer support.
Prevalence of leakage and its negative impact on quality of life in people living with a stoma in the UK	British Journal of Nursing, Vol. 31, No. 16, Stoma care supplement, pages s24-s38.	8 September	Article shares results from 301 patients who completed a questionnaire concerning the physical and psychosocial impact of living with a stoma. 92% of the patients worried about leakage to varying degrees, with half accepting that this was a worry they just had to live with. 86% had experienced leakage underneath the baseplate within the preceding month. 69% had experienced leakage onto clothes within the preceding year and 28% experienced this monthly. Peristomal skin complications were experienced by 82% of respondents, the severity of which correlated with reductions in quality of life. The authors conclude that despite this, individuals are not seeking advice to resolve leakage-related issues, so accurate triaging and assessment by stoma care nurses may be needed to reduce the impact of leakage and its associated complications for ostomates.

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Bowel cancer care: a day in the life of colorectal nursing teams	Cancer Nursing Practice, Vol. 21, No. 4, pages 14-16.	July	Article shares 'a day in the life' of clinical nurse specialists and consultant nurses working with bowel cancer patients. It shares the highs and lows of the job including preparing a patient for abdominoperineal resection, which will result in a permanent colostomy, and dealing with a patient with concerns about redness around his parastomal skin area.
Symptoms and seeking supportive care and associations with quality of life after treatment for colon cancer: Results from the I CARE cohort study	European Journal of Cancer Care, Vol. 31, No. 5, Article: e13601, pages 1-12.	September	In a multicentre prospective cohort study among patients treated for colon cancer, participants (n=197, all with colon cancer stages I-III with curative intent) completed a questionnaire within 1 week of inclusion on the study, then again 6 months later. 21 of the participants (11%) had a stoma and also answered additional stoma-related questions. The mean QoL score at the first questionnaire was 82 (scale 1-100), which improved over time. Pain, bowel symptoms and problems in physical, role, cognitive or social functioning are associated with lower QoL at inclusion but are not associated with QoL changes over time. Seeking support for lower bowel symptoms, physical functioning or fatigue is associated with lower QoL. After 6 months, seeking support for upper bowel symptoms or physical functioning is associated with a tendency towards less QoL improvement. The study suggests that quality of life (QoL) of colon cancer survivors improves over 6 months, but seeking support for specific symptoms barely contribute to this improvement.
Antegrade continence enema stoppers: a pilot study on patient preferences	British Journal of Nursing, Vol. 31, No. 15, pages 770-774.	11 August	This prospective cohort study showed that the use of an antegrade continence enema (ACE) stopper to manage symptoms of severe constipation can have a positive impact on both children and their family's quality of life. 17 patients evaluated all three ACE stopper devices. At least 75% of the children improved their stooling pattern with an overall satisfaction rate of 8.5/10. There is no strong evidence for one of the ACE stoppers being superior to the others and it is suggested that allowing patient choice could improve compliance. Preference of ACE stopper was personal, with patients favouring the different stoppers for their unique reasons (e.g. flexibility of stopper stem, low profile of stopper top, etc.).

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Pregnancy care for women living with inflammatory bowel disease: who, what and when?	Gastrointestinal Nursing, Vol. 20, No. 6, pages 6-8.	July/ August	This update from the British Society of Gastroenterology Nurses' Association outlines the importance of a multidisciplinary team approach in the provision of care for pregnant women living with inflammatory bowel disease (IBD). It suggests that as those with IBD have an increased risk of having pregnancy complications, timely IBD care during pregnancy is important to reduce risks and improve the knowledge about the possibility of pregnancy complications.
Self-management interventions to support help-seeking behaviours in inflammatory bowel disease: a scoping review	Gastrointestinal Nursing, Vol. 20, No. 6, pages 30-41.	July/ August	This scoping review identified that the most frequently reported self-management interventions which enable patients to seek help from health professionals to manage the challenges associated with irritable bowel disease (IBD) were telephone helplines, online messaging and email. The triggers identified for seeking help were physical (including worrying symptoms, medication queries and flare management), psychological, and administrative in nature. Both the online interventions, which facilitated help-seeking behaviour via instant messaging, email and telephone calls, and IBD helplines proved effective in facilitating patients to seek help. The authors concluded that this is an important area of research, as the rate of new diagnoses of IBD continues to rise. By 2030, it is estimated that there will be 702,770 people living with IBD in the UK.
Liquid biopsies to monitor and direct cancer treatment in colorectal cancer	British Journal of Cancer, Vol. 127, No. 3, pages 394-407.	1 August	This review suggests that liquid biopsy is increasingly gaining traction in the clinical management of colorectal cancer (CRC) patients in several clinical settings. It summarises evidence on genotyping circulating tumour DNA (ctDNA) applicability in CRC, with retrospective data indicating that ctDNA can identify CRC patients requiring adjuvant treatments or conversely, not needing surgery after neoadjuvant treatment for locally advanced rectal cancer. Accordingly, once confirmed prospectively, the use of liquid biopsy to detect minimal residual disease post-surgery with curative intent will likely be widely used in the management of early-stage CRC.

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Efficacy and safety of extended duration to perioperative thromboprophylaxis with low molecular weight heparin on disease-free survival after surgical resection of colorectal cancer (PERIOP-01)	The BMJ, Vol. 378, No. 8352, Article: e071375, pages 1-8.	17 September	Data from this multicentre, open label, randomised controlled trial suggest that extended duration to perioperative anticoagulation with tinzaparin (given before surgery and for 56 days after surgery) did not improve disease-free survival or overall survival in patients with colorectal cancer undergoing surgical resection compared with inpatient postoperative thromboprophylaxis alone. The incidence of venous thromboembolism and postoperative major bleeding were low and similar between the two groups of patients.
COVID-19 anxiety and colorectal cancer screening attitudes among adult men in Turkey	Oncology Nursing Forum, Vol. 49, No. 5, pages 461-470.	September	Results from this descriptive study in Turkey suggest that COVID-19 anxiety levels do not affect attitudes toward cancer screening. Men aged 50-70 years expressed low levels of anxiety toward the COVID-19 pandemic and above-average positive attitudes toward cancer screening. Despite this, most participants had never undergone cancer screening, with the findings indicating that this was because awareness of the importance of cancer screening and early diagnosis is insufficient, rather than due to COVID-19 anxiety. The authors highlighted the importance of patient education programmes and providing counselling for the public about the risk factors of cancer, the importance of early diagnosis, and participation in cancer screening programmes.
Impact of the SARS-CoV-2 pandemic on female breast, colorectal and non-small cell lung cancer incidence, stage and healthcare pathway to diagnosis during 2020 in Wales, UK, using a national cancer clinical record system	British Journal of Cancer, Vol. 127, No. 3, pages 558-568.	1 August	A retrospective observational study looking at how COVID-19 pandemic responses impacted behaviour and health services, found significantly fewer cases of three common cancers (female breast, colorectal (CRC) and non-small cell lung) were diagnosed in 2020 in Wales compared to in 2019. Cases decreased 15.2% (n=1011) overall and for CRC cases decreased by 17.2% (n=383). Decreases were largest in 50-69 year olds for female breast and 80+ year olds for all cancers. CRC stages I-IV declined (range 26.6-29.9%), while unknown stage increased 803.6%. CRC Q2-2020 GP-urgent suspected cancer diagnoses decreased 50.0% and annual screen-detected CRC fell 13.3%.

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Opus stoma management range

Product	Pack Size	Order Code
Lift Plus 360	1 x 50ml spray	5506
Lift Plus 360 Citrus	1 x 50ml spray	5507
Lift Plus Wipes	1 x 30 sachets	5502
Lift Plus Citrus	1 x 30 sachets	5504
SkinSafe	1 x 50 sachets	6600
	1 x 50ml spray	6601
AbsorbaGel	1 x 150 sachets	9900
LaVera	1 x 30 sachets	3300
	1 x 100g tube	3301

Product	Pack Size	Order Code
NaturCare Unscented	1 x 50ml	1100A
NaturCare Fragrant	1 x 50ml	1101A
NaturCare Citrus	1 x 50ml	1102A
NaturCare Mint	1 x 50ml	1103A
NaturCare IPD	1 x 50 sachets	1104
ClearWay Stoma Bridge	1 x 30 cubes	7700
ClearWay Mini Stoma Bridge	1 x 30 cubes	8800
DeoGel	1 x 200ml bottle	2010
	1 x 50 sachets	2020

Opus NaturFit® one-piece pouches

Closed

	Size	Cutting Size	Sample Code
Flat	Midi	15-60mm	5035-60
	Max	15-70mm	5219-70
	Midi	10-34mm	8418-34
Convex	Midi	10-44mm	2674-44
	Max	10-57mm	4105-57

Open

	Size	Cutting Size	Sample Code
Flat	Midi	15-60mm	8346-60
	Max	15-70mm	2952-70
	Midi	10-34mm	2212-34
Convex	Midi	10-44mm	2768-44
	Max	10-57mm	6548-57

Urostomy

	Size	Cutting Size	Sample Code
Flat	Max	15-60mm	1704-60
	Midi	10-38mm	7537-38
Convex	Midi	10-44mm	1534-44

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