

# Opus Healthcare Stoma Care Literary Review

October 2021 to December 2021

Title	Publication	Date	Overview
Stoma care appliances: an overview	Gastrointestinal Nursing, Vol. 19, Supp. No. 8, pages s14-s19.	November	Article discusses how increasing innovation in stoma appliance design has resulted in more options for patients to choose from. It presents a summary of the latest range of stoma appliances on the market including one- and two-piece pouching systems and the three main types of stoma appliances: closed, drainable and urostomy. The author recommends that stoma care nurses (SCNs) keep well informed about stoma appliance innovation, so that they can advise patients on what appliance is best for them. They also suggest that the role of an SCN is to educate patients on the technique for appliance application, because if a patient is wearing an inappropriate appliance or they have a poor application technique, this can result in stoma complications, such as leakage and/or sore peristomal skin.
The frequency of early stomal, peristomal and skin complications	British Journal of Nursing, Vol. 30, No. 22, pages 1272-1276.	9 December	A retrospective study to analyse the onset of stomal, peristomal and skin complications one month after ostomy creation found that the majority of patients (63%) experienced at least one or more complications within 30 days of surgery. In the study of 1263 patients, the most frequent stomal complication was oedema (23%), whereas the most frequent complication in general was that affecting the skin (26%). Skin issues were the most common complications in all stoma types (78% in colostomy, 70% in ileostomy and 89% in urostomy).
Physical activity: a systematic review to inform nurse recommendations during treatment for colorectal cancer	Clinical Journal of Oncology Nursing, Vol. 25, No. 6, pages 697-705.	December	Findings from a literature review indicate that physical activity (PA) during colorectal cancer (CRC) treatment may provide both psychosocial and physiologic benefits. Many different types of PA were tested in this population and were well accepted by patients. The authors suggest that PA during chemotherapy for CRC may improve several negative side effects, including fatigue and neurotoxicity. These are said to be particularly troublesome for patients with CRC, sometimes leading to chemotherapy dose adjustments or stoppage of therapy.

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Perception of leakage: data from the Ostomy Life Study 2019	British Journal of Nursing, Vol. 30, No. 22, pages s4-s12.	9 December	A study has revealed that effluent confined to the area next to the stoma is generally not perceived as leakage by ostomates and stoma care nurses (SCNs). A total of 4,209 ostomates and 328 SCNs completed the survey as part of The Ostomy Life Study 2019. 89-90% of people with a colostomy, ileostomy or jejunostomy and 88-90% of people with a urostomy considered it as leakage when effluent reached outside the edges of the baseplate. 83% of respondents with a colostomy, ileostomy or jejunostomy perceived it as leakage when faeces covered most of the baseplate but did not extend outside of the baseplate. Most of the respondents did not consider faeces close to the stoma as leakage (81% of people with a colostomy, ileostomy or jejunostomy and 91% of people with a urostomy). Among the SCNs, 70% did not perceive effluent close to the stoma as leakage, whereas most (93-98%) perceived all other effluent patterns as leakage, regardless of whether the effluent reached the outside edges of the baseplate or not. The authors conclude that more education about what 'leakage' is and the consequences that it can have for peristomal skin health is needed for both ostomates and SCNs.
Impact of convex ostomy appliances on leakage frequency, peristomal skin health and stomal protrusion	Gastrointestinal Nursing, Vol. 19, Supp. No. 9, pages s30-s37.	November	Article shares the results of a phase-IV prospective non-randomised controlled clinical trial of ostomates who either used a convex appliance throughout (the control group, n=94) or a flat appliance at baseline before switching to a convex appliance for the rest of the trial (the intervention group, n=151). The study found that people with a stoma who experienced repeated leakage benefitted from shifting from a flat to a soft convex appliance in terms of leakage frequency, stomal protrusion and body profile. The authors suggest that the study underlines how the careful selection and ongoing monitoring of convex ostomy appliances by specialist stoma care nurses can significantly improve peristomal skin health and quality of life among stoma patients.

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<p>Implementing digital technology during the pandemic: impact on stoma nursing services at a tertiary referral centre</p>	<p>British Journal of Nursing, Vol. 30, No. 22, pages s14-s22.</p>	<p>9 December</p>	<p>Article describes how the COVID-19 pandemic has provided an opportunity to radically change systems and processes in stoma care through the use of digital technology to interact with patients, communicate with the multidisciplinary team and collaborate with relatives or carers. It discusses that although stoma care has traditionally been provided face-to-face, during the pandemic digital technology helped maintain uninterrupted patient care through virtual consultations and provided an opportunity to change culture, learn new skills, run more cost-effective services and even improve patient experience. The authors conclude that whilst digital technology may have its drawbacks, it should be offered as a first choice for suitable patients and definitely be considered in cases where a face-to-face interaction is not possible or essential. They suggest that although it is not suitable for everyone, there are clear advantages for future investment and education in its use.</p>
<p>The therapeutic and prognostic implications of immunobiology in colorectal cancer: a review</p>	<p>British Journal of Cancer, Vol. 125, No. 10, pages 1341-1349.</p>	<p>9 November</p>	<p>This review discusses the latest evidence surrounding the tumour biology and immune landscape of colorectal cancer (CRC). It also examines novel immunotherapies and the interaction of the immune system with each apex of the tripartite of cancer management (onco-therapeutics, radiotherapy and surgery). It discusses how the therapeutic field of immune-oncology is rapidly gaining momentum, with strikingly promising results observed in clinical practice. It also explores how re-programming the immune system to enhance anti-tumour response has revolutionised cancer therapy. The authors suggest that despite CRC presenting a major challenge for immunotherapy, by utilising the synergy of chemotherapeutic agents and immunotherapies, and identifying prognostic and predictive immunological biomarkers, we may enter an era of unprecedented disease control, survivorship and cure rates.</p>

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ECET update: Holding our breath	Gastrointestinal Nursing, Vol. 19, Supp. No. 9, pages s4-s6.	November	Article provides an update from the European Council of Enterostomal Therapy (ECET), in terms of how the COVID-19 pandemic impacts on the practicalities of caring for people with a stoma, continence issues and/or wound-healing problems. It suggests that new statistics on stoma-forming surgical interventions show a slight decline in new stoma formations due to pandemic-related restrictions. The majority of specialist nurses in individual clinics have reported that the pandemic has not prevented them from continuing to advise and care for people with a stoma, continence issues and/or chronic wounds. It is recommended that the next step is to study how changes in the nature and format of this advice and care during the pandemic might have affected patient outcomes, as there are still no detailed data on this. The author concludes that the ECET board of directors will work with nurses across Europe so that they, as an organisation for specialist care, can emerge stronger from the crisis.
Conservative treatment of perforated diverticulitis: following the latest guidelines pays dividends	The Lancet, Vol. 398, No. 10310, page 1517.	23 October	Article shares a case study of a 58-year-old woman who presented to hospital with a 10-hour history of acute lower abdominal pain, nausea, and vomiting. An abdominal CT confirmed a diagnosis of acute left-sided colonic diverticulitis and showed intraperitoneal free air. The patient was managed conservatively with intravenous piperacillin and tazobactam (4 g and 0.5 g) three times a day, and she was also allowed a light diet. She went on to make an event-free recovery and at routine colonoscopy, three months later, there were no signs of malignancy. The authors discuss how perforation with generalised peritonitis - as seen in this case - is associated with high morbidity and mortality, and traditionally, free air alone was an indication for laparotomy with resection of the affected colon segment and end-colostomy. However, in recent years, they suggest the trend has been towards a more conservative approach, with the latest evidence showing that such a move has resulted in fewer patients requiring a stoma.

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Lift Plus 360 Citrus	1 x 50ml spray	5507
Lift Plus Wipes	1 x 30 sachets	5502
Lift Plus Citrus	1 x 30 sachets	5504
SkinSafe	1 x 50 sachets	6600
	1 x 50ml spray	6601
AbsorbaGel	1 x 150 sachets	9900
LaVera	1 x 30 sachets	3300
	1 x 100g tube	3301

Product	Pack Size	Order Code
NaturCare Unscented	1 x 50ml	1100A
NaturCare Fragrant	1 x 50ml	1101A
NaturCare Citrus	1 x 50ml	1102A
NaturCare Mint	1 x 50ml	1103A
NaturCare IPD	1 x 50 sachets	1104
ClearWay Stoma Bridge	1 x 30 cubes	7700
ClearWay Mini Stoma Bridge	1 x 30 cubes	8800
DeoGel	1 x 200ml bottle	2010
	1 x 50 sachets	2020

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#### Closed

	Size	Cutting Size	Sample Code
Flat	Midi	15-60mm	5035-60
	Max	15-70mm	5219-70
	Midi	10-34mm	8418-34
Convex	Midi	10-44mm	2674-44
	Max	10-57mm	4105-57

#### Open

	Size	Cutting Size	Sample Code
Flat	Midi	15-60mm	8346-60
	Max	15-70mm	2952-70
	Midi	10-34mm	2212-34
Convex	Midi	10-44mm	2768-44
	Max	10-57mm	6548-57

#### Urostomy

	Size	Cutting Size	Sample Code
Flat	Max	15-60mm	1704-60
	Midi	10-38mm	7537-38
Convex	Midi	10-44mm	1534-44

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